

MARTHA'S VILLAGE & KITCHEN

Martha's Village is a full-service rehabilitation center and the largest provider of homeless services in Riverside County. We offer a wide array of programs that gives our neighbors in need the tools to become self-sufficient and break the cycle of homelessness.

Your participation in our premier fundraising event of the year helps cover the cost to feed the hungry and we thank you! We are collecting non-perishable food items during the 5K. If you can give a little extra this holiday season, please bring a can of food to the event.

DETAILS

All participants receive a quality event t-shirt and complimentary continental breakfast. Ample free parking located at La Quinta High School, John Glen Middle School and Amelia Earhart School. Strollers, wheelchairs and pets are welcome.

RACE START - 8:00 A.M.

Registration/check-in begins at 6:30 a.m. and ends promptly at 7:45 a.m. - credit cards, checks and cash accepted. Pace based start corrals separate competitive runners, walker and participants with strollers and pets. Chip timed event - race times and ranking posted immediately at the finish.

AWARDS

Gold, Silver and Bronze presented to males and females in each age group.

- 14 & under • 30-34 • 50-54 • 70-74
- 15-19 • 35-39 • 55-59 • 75-79
- 20-24 • 40-44 • 60-64 • 80 & up
- 25-29 • 45-49 • 65-69

VISIT US ONLINE!

Pre-register online, view dates and locations to pre-register in person and pickup your race number and t-shirt.

www.MVK.ORG 

REGISTRATION FORM:

PLEASE PRINT CLEARLY

Register online at www.mvk.org

Mail-in Deadline: 11/5/11. One entry form per person; photocopies accepted.
This form is **NOT VALID** after 11/5/11.

Gender M | F Age on Race Day _____ Phone (_____) _____

First and Last Name _____

Address _____

City _____ State _____ Zip _____

Email _____
(mandatory for confirmation)

T-SHIRT SIZE: (circle one)

Youth S | M | L **Adult** S | M | L | XL | XXL | XXXL

MINIMUM ENTRY DONATION: Children under age 5 - FREE

Before November 5 Ages 6-12 - \$15 | Ages 13 & up - \$28
November 5 and after Ages 6-12 - \$20 | Ages 13 & up - \$35

PAYMENT INFORMATION

Make checks payable to & mail entry form to:

Martha's Village & Kitchen - 83791 Date Avenue, Indio, CA 92201-4737

Card Visa | MasterCard | AmEx | Discover

Name on Card _____

Credit Card # _____

Exp. Date _____ 3-4 Digit Security Code (on card) _____

Signature _____ Date _____
(required for credit card)

WAIVER - Must be signed or application will be rejected. In consideration of accepting this entry I, the undersigned intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Martha's Village & Kitchen, Father Joe's Villages, City of La Quinta and any and all sponsors and their representatives, successors, officers, and assigns for any and all injuries sustained and suffered by me during this run. I verify that I'm physically fit and sufficiently trained for this event and my physical condition has been verified by a licensed medical doctor. I consent to receive medical treatment, which may be deemed advisable in the event of injury or illness during the event. I understand that in the event this run cannot be held as scheduled due to act of God or circumstances beyond control, such as a national emergency, the run is not liable to refund any money paid by me to participate. I grant full permission to Martha's Village & Kitchen and/or Father Joe's Villages to use any photographs, video tapes, or other recordings of me that are made during the course of this event. Children 12 years or under must be accompanied by an adult 18 years of age or older during the event.

I have read and understand the above statement and hereby agree to the terms set forth therein.

Participant's Signature _____ Date _____

Guardian Signature _____ Date _____
(For participants under 18)

Entries from minors will only be accepted with parent or legal guardian's signature. Failure to sign the above agreement invalidates registration.

COURSE MAP



MARTHA'S VILLAGE & KITCHEN

83791 Date Avenue, Indio, CA 92201-4737

P: (760) 347-4741 x316 • E: blair.amidei@neighbor.org


EVENT SPONSORS

Place 2011 sponsor logos here



83791 Date Avenue
Indio, CA 92201-4737

Non-Profit
Organization
U.S. Postage
PAID
Palm Desert, CA
Permit No. 438



MARTHA'S VILLAGE & KITCHEN THANKSGIVING DAY RUN 5K WALK



THURSDAY November 24, 2011

**La Quinta Park
Adams Street and Westward Ho Drive
La Quinta, CA 92253**

For every \$2.20 donated, we serve one hot meal to a hungry neighbor in need!